



Let's make Colorado famous. Let's be the 1st state to eliminate alarms.

You're invited to be a part of the Colorado Nursing Homes Innovations Grant Board grant awarded to Edu-Catering: *Encouraging Colorado to Eliminate Alarms and Prevent Falls by Engaging with Life*.

What you would commit to:

- Register *a team* of at least 3 people to participate in two *free* all day education sessions to learn the reasons why, and the ways how, to eliminate alarms and experience typically fewer falls. The team needs to include *either* the administrator *or* the director of nursing.
- Develop an *action plan* after the first session *to implement* over the next six months.
- *Share data*: number of residents, alarms and falls at beginning, midway and end of project.
- Work systematically to *replace alarms with better practices* of proactively checking in with residents more often by both nursing staff and all staff, anticipating needs, particularly bathroom needs, increasing mobility, and engaging people with life.
- Help make Colorado the *first state* to eliminate alarms.

South Colorado: Mount St. Francis Nursing Home Retreat Center, 7740 Deer Hill Grove Colorado Springs: Friday, Sept. 30, 2016 and Friday, Mar. 31, 2017 8:00 am to 4:00 pm

Western Slope: The Commons of Hilltop, 625 ½ Road Grand Junction: Friday, Oct. 7, 2016 and Friday, April 7, 2017 8:00 am to 4:00 pm

North Colorado: Good Samaritan Society – Fort Collins Village Chapel, 508 Trilby Rd. Fort Collins: Friday, Nov. 4, 2016 and Friday, May 5, 2017 8:00 am to 4:00 pm

South Denver: Brookdale Mountain View, 8101 E. Mississippi Ave. Denver: Thursday, Dec. 1, 2016 and Thursday, June 1, 2017 8:00 am to 4:00 pm

North Denver: Exempla Colorado Lutheran Home Hackberry Hall, 8001 West 71st Ave. Arvada: Friday, Dec. 9, 2016 and Friday, June 9, 2017 8:00 am to 4:00 pm

Eastern Colorado: Eben Ezer Lutheran Care Center, 122 Hospital Rd. Brush: Friday, Jan. 13, 2017 and Friday, July 14, 2017 8:00 am to 4:00 pm

Join primary faculty and project officer Carmen Bowman, co-author of *Eliminating Alarms and Preventing Falls by Engaging with Life*. We've exhausted the same old list of fall prevention ideas. Learn from what many have already done; learn the regulations that call for alarm elimination, learn the research that alarms actually contribute to falls and replacing them with better practices reduces falls. Be inspired to offer better to those who live where you happen to work. Would you want an alarm?

Each location has seating limitations so we will have to operate on a first come, first serve basis.

To register your team, contact Carmen at carmen@edu-catering.com or 303-981-7228.

